

## January 2015 Menu

<p>5 Beef Stroganoff Coleslaw Raw veg. Green beans Sandwich Mandarin oranges</p>	<p>6 Scrambled eggs or French Toast Pork link Hash browns CA blend Muffin or sandwich Banana/ apple</p>	<p>7Macaroni and cheese Hot dog/bun Romaine Lettuce Peas Raw Veg. Fruit cup with Blueberries</p>	<p>8 Scalloped Potatoes with diced ham Glazed carrots Raw veg. Sandwich Pears</p>	<p>9BBQ hot chicken/bun Baked beans Raw veg. Cheesy /or buttered noodles Peaches</p>
<p>12Hot tuna/cheese bun Baked beans Raw veg. Potato Rounds/fries Pineapple</p>	<p>13Spaghetti /meat sauce Garlic bread Tossed salad Corn Fresh apple/ orange</p>	<p>14Turkey roast/gravy Savory rice B17a Glazed carrots Raw veg. Pears Sandwich</p>	<p>15 Sloppy Joe/bun Cheesy potatoes Green beans Raw veg. Peaches</p>	<p>16 Chicken veg. soup Crackers Grilled cheese sandwich Raw veg. Tossed salad Mandarin oranges</p>
<p>19 Goulash Peas Raw veg. Garlic bread Pears</p>	<p>20 Soft shell fajitas (chicken) Toppings Salsa Spanish rice or refried beans Tossed salad Raw veg. Corn Peaches</p>	<p>21BBQ pork rib/bun Corn curls &amp; salsa Baked beans Raw veg. Banana / apple Rice krispy bar</p>	<p>22 Baked potato Diced ham/cheese sauce topping Green beans Raw veg. Applesauce jello salad Blueberry crisp</p>	<p>23 Chicken Alfredo Dinner roll or sandwich CA. blend Romaine lettuce Mixed fruit cup</p>
<p>26Sloppy joe/bun Potato rounds/fries Baked beans Raw veg. Apple sauce</p>	<p>27 Tuna /cheese noodle dish Peas Coleslaw Raw veg. Johnny bread Peaches</p>	<p>28 Tater-tot hotdish Corn Raw broccoli Sandwich Banana/orange</p>	<p>29 Cheese/ham pizza Tossed salad Green beans Raw veg. Mandarin oranges</p>	<p>30 Grandparent's Day Diced chicken gravy Mashed potatoes Glazed carrots Raw veg. Sandwich Cranberry sauce Pears</p>

**Grain products – use whole wheat when possible**

**All meals served with milk**

**Menus are subject to change**