

# Notes from the Nurse

Welcome to school! This is an exciting time for you and your child. Please feel free to contact me with any questions or concerns you may have. I work part time between all of the buildings in the district, so if I am not immediately available please leave me a message with the office. You can also email me at [mmacpther@isd857.org](mailto:mmacpther@isd857.org). I look forward to getting to know you and your child!

Michelle MacPherson, RN  
District Licensed School Nurse

## Required Paperwork Before Start of School

There are just a few things that we must have on file before your child will be allowed to start his/her big first day.

- ◆ Official Immunization Record (see below)
- ◆ Completed Health Survey
- ◆ *(Optional) Record of Early Childhood Screening. If your child had it done here, the file will get transferred. If your child had it completed in another district, please check with us to see if we have received the records.*

## Immunizations

According to the Minnesota School Immunization Law (statute section 121A.15), all students must show proof of immunization and be in compliance of this State Law, **BEFORE** attending classes. This includes the 4 or 5 year old boosters. You may obtain these vaccinations from your primary health provider, or if you do not have insurance you may contact Public Health. If you have already received these vaccinations, please bring or send in a printout or copy from the clinic. You or your health care provider may also fax them to the school. No parent handwritten notes or phone calls will be accepted as proof of immunization.

**\*\*NOTE:** Students who cannot be vaccinated due to a medical condition, or whose parents are conscientiously opposed to immunizations, may receive a legal exemption. The form to register this exception can be obtained from the school nurse. The form (along with notarization or physician signature) needs to be submitted to the school prior to the child's first day of school.

It is most helpful to have an updated copy before June to ensure all paperwork is ready for Kindergarten.

## Illness Exclusion From School

Here are a few reminders of when your child will be excluded from school. We appreciate your notifying us if your child is ill with any of the following, so that we may better monitor his/her classmates. If your child is diagnosed with a contagious disease, parents must notify the school within twenty-four hours.

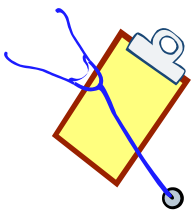
**If your child comes to school with any of these symptoms or have not stayed home for the required time period, they will be sent home.** This is to ensure that your child is able to return to good health, as well as preventing other children and staff from getting sick.

Reasons for exclusion: When they can come back:

◆ Fever of greater than 100.0 F	◆ Must be fever free for <b>24 hours</b> . Taking medication to control fever <b>does not</b> count for fever free period.
◆ Vomiting	◆ Remainder of day and when symptoms subside
◆ Diarrhea	◆ Remainder of day and when symptoms subside
◆ Loose stools which can not be contained by child	◆ Remainder of day and when stools resume normal consistency
◆ Strep Throat	◆ 24 hours after beginning medication (Antibiotic)
◆ Continuous or uncontrollable coughing	◆ Remainder of day and when symptoms subside
◆ Mattery eyes	◆ Needs to be evaluated for pink eye. If positive, need to stay home until on medication for 24 hours.
◆ Active Lice	◆ Until no live lice are present

## Health Screenings

Your child will receive a hearing and vision screening each year during the school day (Grades K-8). 5<sup>th</sup> and 6<sup>th</sup> grade students also have scoliosis screening. You will be notified if a concern arises from screening.



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