

# October 2014 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1Alfredo /diced chicken Broccoli Fresh veg. Sandwich Apple	2Mixed veg. soup /crackers Tuna salad bun/with lettuce Raw veg. Peaches	3 Chicken nuggets Mashed potatoes Raw veg. Tossed salad Bread Fruit cup
6 Mac & cheese Hotdog with bun Raw Veg. Green beans Mandarin oranges	7Diced ham /scaloped potatoes Peas Raw veg. Sandwich Orange	8Hoagie bun Cheese & turkey Lettuce French fries Raw veg. Applesauce	9 Goulash Tossed salad Corn Raw veg. Garlic bread Pears	10Chicken Fajitas Lettuce Glazed carrots Raw veg. Peaches
13 Pork BBQ/ bun Oven fries Baked beans Raw veg. Pears	14 Baked French Toast Pork link Hash browns Raw veg. Pineapple	15Turkey Roast Savory rice Broccoli Coleslaw Sandwich Peaches	16 No school	17 Education Conference
20 Sloppy joe/ bun Baked beans Raw veg. Corn curls & salsa Peaches	21Turkey dressing Supreme Glazed carrots Raw veg. Sandwich Pineapple	22Hamburger gravy Mashed potatoes Corn Raw veg. Sandwich Apple	23Scrambled eggs Hash browns Green beans Muffin Yogurt Strawberries	24 Spaghetti/meat sauce Tossed salad Raw Broccoli Garlic toast Pears
27 Baked potato/ diced ham Green beans Raw veg. Sandwich Mandarin Oranges	28Chicken Tetrazzini D-42 CA. blend veg. Coleslaw Sandwich Apple	29 Cheeseburger/bun Oven fries Baked beans Raw veg. Peaches	30 Tuna noodle with cheese Tossed salad Broccoli Sandwich Mixed fruit cup	31 Walking Taco—chips Lettuce & toppings Spanish rice Corn Sandwich Peaches

Menu is subject to change---Milk is served with each meal